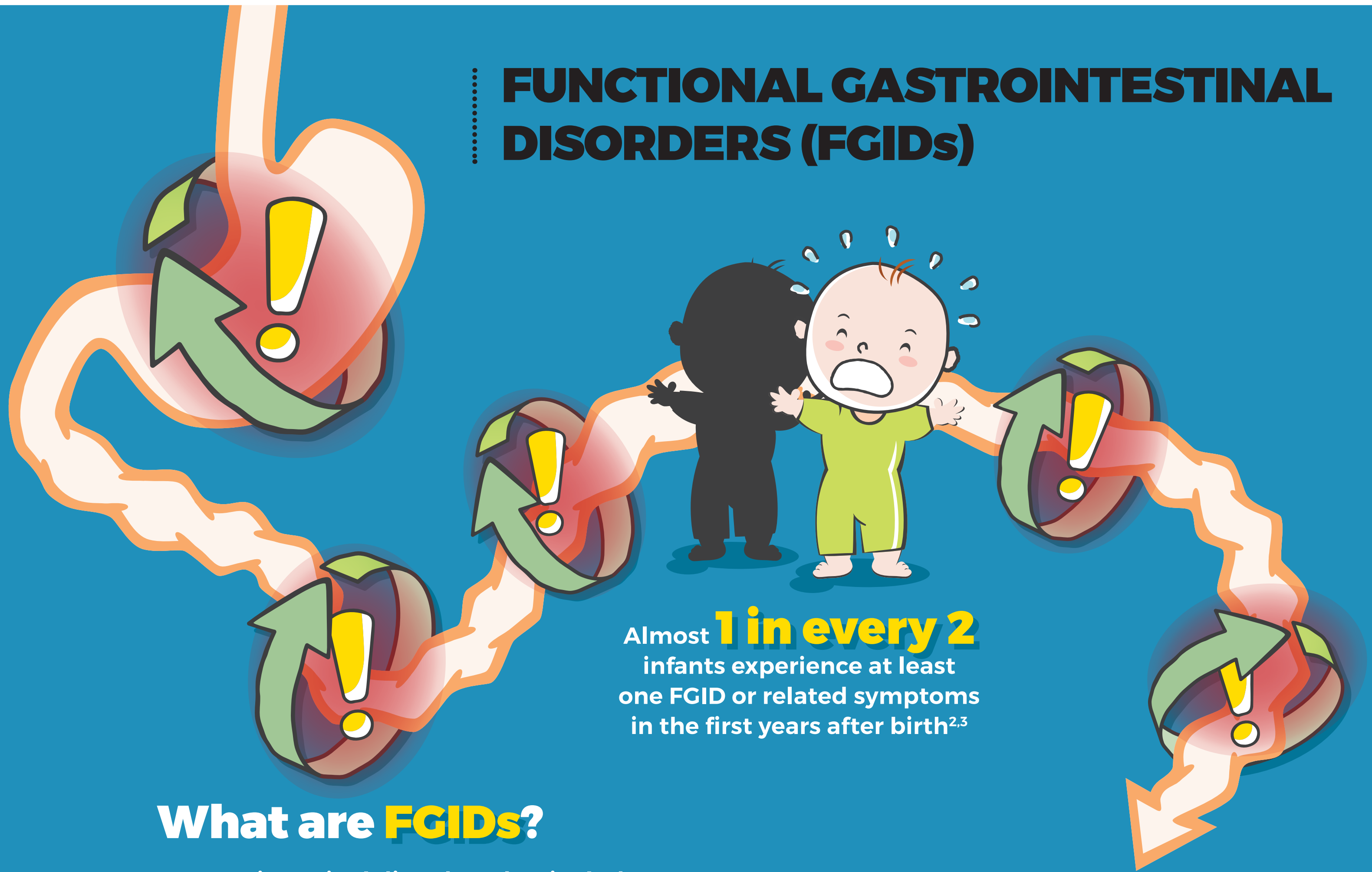


FUNCTIONAL GASTROINTESTINAL DISORDERS (FGIDs)



Almost **1 in every 2** infants experience at least one FGID or related symptoms in the first years after birth^{2,3}

What are **FGIDs**?

FGIDs are gastrointestinal disorders that include **chronic or recurrent** symptoms that cannot be explained by obvious structural or biochemical abnormalities¹

The most frequent FGIDs are³:

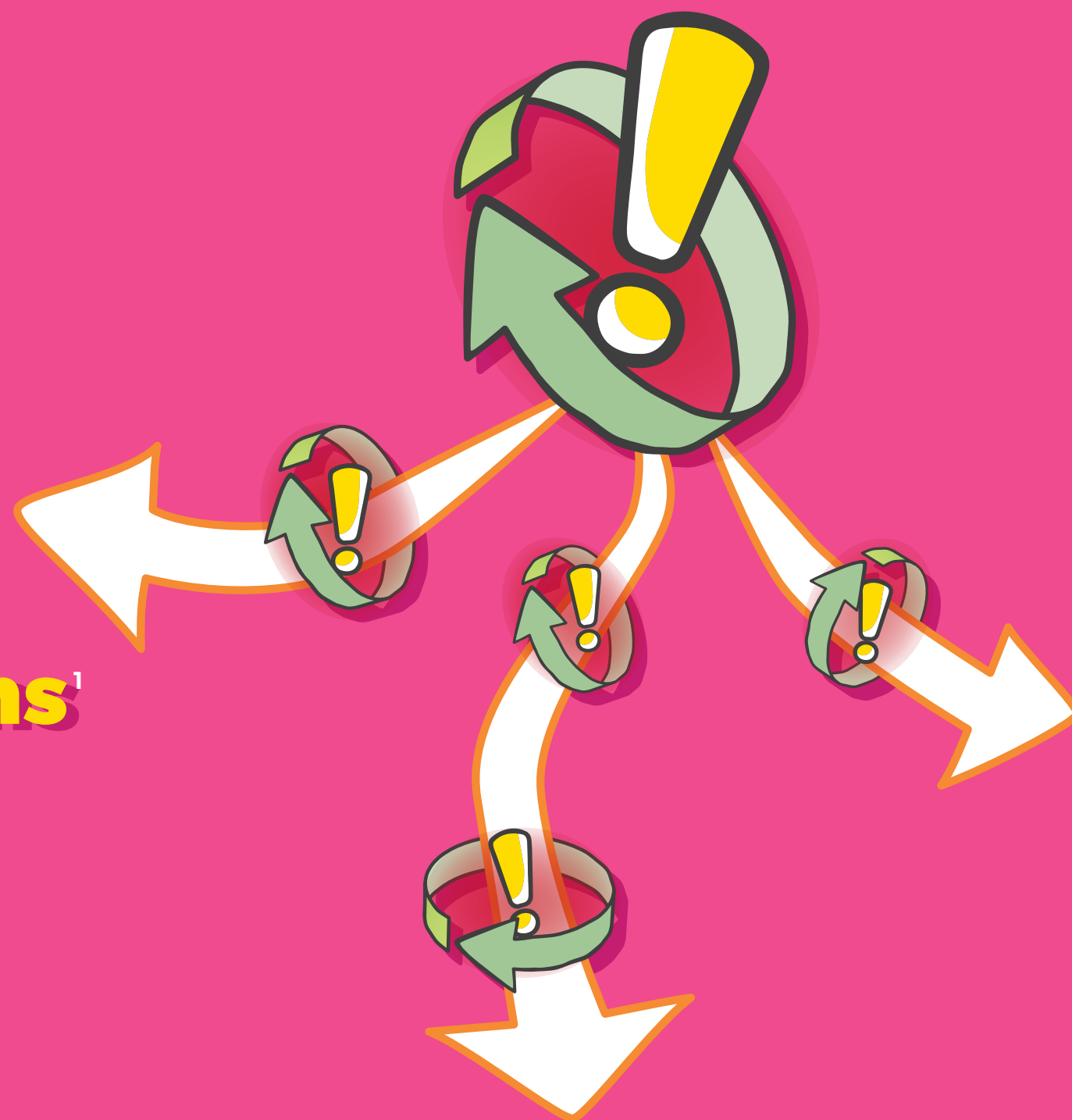
30% **20%** **15%**
Regurgitation Infantile colic Constipation

¹. Benninga MA, et al. *Gastroenterol*, 150(6):1443-55, 2016 ². Iacono G, et al. *Dig Liver Dis*, 37(6): 432-8, 2005. ³. Vandenas Y, et al. *J Pediatr Gastroenterol Nutr*, 61(5): 531-7, 2015.

IMMEDIATE IMPACT OF FUNCTIONAL GASTROINTESTINAL DISORDERS



Feeding problems¹



Stress in family^{2,3}

Health-economic burden:



For acute constipation, infants have the highest rate of emergency hospital visits in US (average cost: US\$ 2,306/patient)⁴



Sleeping and crying problems account for £65 million health care costs in UK per year⁵

1. Miller-Loncar C, et al. Arch Dis Child, 89(10):908-12, 2004. 2. Vik T, et al. Acta Paediatr, 98(8):1344-8, 2009. 3. Akman I, et al. Arch Dis Child, 91(5):417-9, 2006. 4. Sommers T, et al. Am J Gastroenterol, 110(4):572-9, 2015. 5. Morris S. Econ Hist Rev, 54(3):525-45, 2001.

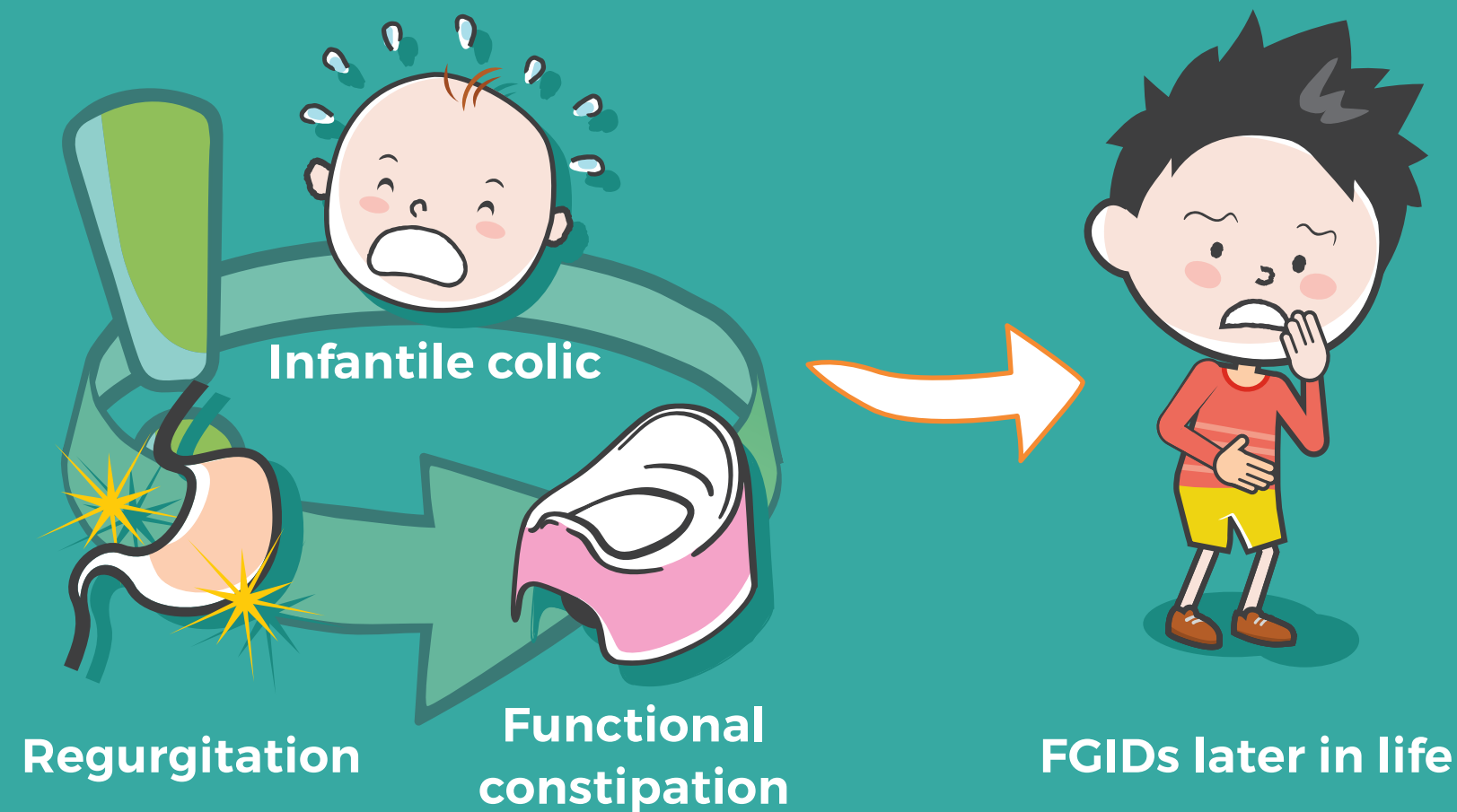
LATER-LIFE IMPACT OF FUNCTIONAL GASTROINTESTINAL DISORDERS

Challenged quality of life for the family^{1,2}



FGIDs during infancy are associated with unfavorable health outcomes later in life³:

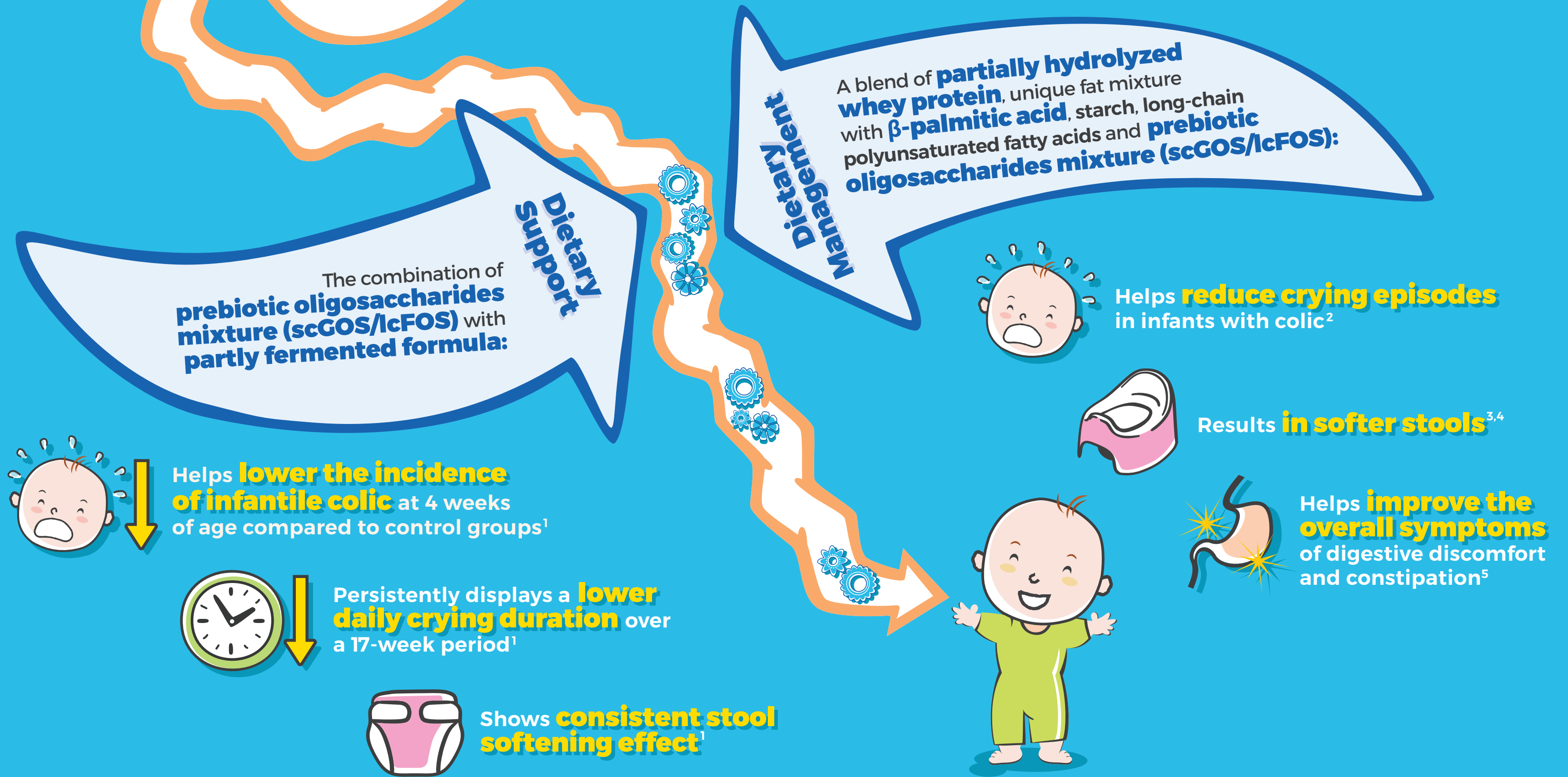
Infants who have suffered from **infantile colic**, **regurgitation** or **functional constipation** are more likely to develop **FGIDs** later in life^{4,5}



28% of infants with infantile colic develop functional gastrointestinal problems by the age of 13 years⁴

1. Rautava P, et al. *Pediatrics*, 96(1):43-7, 1995. 2. Brown MM, et al. *Curr Opin Ophthalmol*, 20(3):188-94, 2009. 3. Vandenas Y, et al. *J Pediatr Gastroenterol Nutr*, 61(5): 531-7, 2015. 4. Parth A, et al. *JAMA Pediatr*, 167: 977-8, 2013. 5. Indrio F, et al. *Eur J Pediatr*, 174(6):841-2, 2015.

NUTRICIA RESEARCH PROVIDES NUTRITIONAL SOLUTIONS to support the development of healthy gastrointestinal (GI) function



scGOS/lcFOS = short-chain galacto-oligosaccharides and long-chain fructo-oligosaccharides

1. Vandenplas Y, et al. The 47th ESPGHAN Annual Meeting, 9-12 June, 2014, Jerusalem, Israel. Abstract #PO-N-0253. 2. Safino F, et al. Eur J Clin Nutr, 60:1304-10, 2006. 3. Schmelze H, et al. JPGN, 36:343-51, 2003. 4. Bongers ME, et al. Nutr J, 6:8, 2007. 5. Veitl V, et al. J Ernährungsmed, 2:14-20, 2000.

NUTRICIA RESEARCH



40 years
of research in GI function



**Pioneering
innovations**
in prebiotic oligosaccharides
and fermented formula



Our various GI nutritional solutions
**contribute to the
overall health and
well-being of
generations of
young children**

⋮ BREASTFEEDING IS BEST FOR BABIES

Breastfeeding is best for babies and **provides many benefits.**

It is important that, in preparation for and during breastfeeding, mother eats a **healthy, balanced diet.** Combined breast and bottle feeding in the first weeks of life may reduce the supply of mother own breast milk, and reversing the decision not to breastfeed is difficult.

Always **consult healthcare professional for advice** about feeding your baby. If infant formula is used, manufacturer's instructions should be followed for use carefully.

References:

- Akman I, et al. *Arch Dis Child*, 91(5):417-9, 2006.
- Benninga MA, et al. *Gastroenterol*, 150(6):1443-55, 2016
- Bongers ME, et al. *Nutr J*, 6:8, 2007.
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- Rautava P, et al. *Pediatrics*, 96(1) :43-7, 1995. Sano F, et al. *Eur J Clin Nutr*, 60:1304-10, 2006.
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- Sommers T, et al. *Am J Gastroenterol*, 110(4):572-9, 2015.
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- Veitl V, et al. *J Ernährungsmed*, 2:14-20, 2000.
- Vik T, et al. *Acta Paediatr*, 98(8):1344-8, 2009.