

REGISTRATION AND PAYMENT

Registration fees amount to the below figures for this 2-day workshop.

- Academia and public sector €260
- Industry €360

The registration fee covers:

- Admission to the workshop
- Abstract booklet
- Buffet lunch/refreshments during the conference on 30 June-1 July 2016
- Dinner on 30 June 2016

An invoice will be sent to all participants after registration has been completed. Registration and payment of registration fee by credit card should be made prior to the event, preferably by 15 June 2016. Registration and hotel reservations will be accepted on a **'first come, first served'** basis, and subject to availability after 15 May 2016. **Hotel reservations and online registrations must be made together.**

To register and to make your hotel reservations at the Park Inn Copenhagen Airport Hotel, please click [here](#), and for more details about the event, click [here](#).

CANCELLATION POLICY

All cancellation of registrations should be made in writing to [Ms Ruth Marquet](#). Cancellations received until **15 May 2016** will be refunded minus €50 handling charges. Cancellations of registration received after **15 May 2016** will not be refunded.

For hotel reservations, cancellations received in writing are free of charge until 15 May 2016. For cancellations received after 15 May 2016, the hotel is entitled to charge the full stay. Substitutions of hotel reservations are possible and should be made in writing.

VENUE AND ACCOMMODATION

The event will be held at:

Park Inn by Radisson Copenhagen Airport Hotel

Engvej 171
2300 Copenhagen, Denmark

+45 32 87 02 02

www.parkinn.com/hotel-copenhagen

A number of standard guest rooms have been pre-booked at special rates in the Park Inn by the Radisson Hotel where the conference will take place.

Rate Single Room: €160/night, 1195DK/night

Rate Double Room: €180/night, 1345DK/night

Rates include buffet breakfast, free access to WIFI, to the fitness centre and 25% taxes. Bedrooms are equipped with WIFI connection, hair dryer, satellite TV and minibar. Official check-in time is 14:00 and official check-out time is 12:00.



**IMPORTANT DATE:
15 MAY 2016**

Cut-off date for:

- **Registrations**
- **Cancellations**
- **Hotel Reservations**

FOR FURTHER INFORMATION

Scientific programme

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Registration, venue & accommodation

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Satellite
Workshop

2nd Workshop Nutrition for the Ageing Brain FUNCTIONAL ASPECTS AND STRATEGIES

30 June-1 July 2016, Copenhagen, Denmark



Organised by the ILSI Europe
Nutrition and Mental Performance Task Force

BACKGROUND

Ageing is a highly complex process marked by succeeding events that promote alterations in the normal functioning of an individual organism over time and that include many common chronic neurodegenerative diseases.

The precise cause of the neuronal degeneration underlying these disorders, and indeed normal brain ageing, remain however elusive. So far, the majority of existing drug treatments for neurodegenerative disorders are unable to prevent the underlying degeneration of neurons.

Consequently, there is a desire to address these challenges by developing alternative strategies to prevent the detrimental effects of brain ageing, such as the use of nutritional interventions.

Despite a wealth of data on how nutrients and diets may support cognitive function and preserve brain health, the biological mechanisms underlying this relationship remain largely unknown.

EXPECTED OUTCOME

The workshop will provide an update on the current state of knowledge on nutrition and neuroprotection. The proceedings of the workshop will be summarised into a peer-reviewed article.



Programme

Overall Chair: Dr David Vauzour

Overall Co-Chair: Dr Sophie Kergoat

Overall Rapporteur: Prof. Louise Dye

Overall Co-Rapporteur: Ms Claire Champ

10.00 Registration

12.00 Lunch

Introduction

12.45 Welcome

13.00 Introduction

Session 1: Mechanisms of Ageing and Impact of Nutrients

Chair: Dr Sandrine Thuret; Co-Chair Dr Sophie Kergoat

13.15 Defining Healthy Ageing

13.40 Neurogenesis and Neuronal Stem Cells

14.05 Early Life Diet and Long-Term Consequences

14.30 Epigenetic Modulation of Brain Function

14.55 Discussion

15.15 Coffee Break

Session 2: New Avenues in Cognitive Ageing and Nutrition

Chair: Prof. Jeremy Spencer; Co-Chair: Dr John Sijben

15.45 Gut Microbiome and Brain Function

16.10 Long Chain Non-Coding RNAs / miRNA

16.35 Inflammation and Mitochondria

17.00 Effects of Tyrosine on Brain and Cognition

17.25 Enhancing Protein Clearance for Age-Related Diseases

17.40 Discussion

19.00 Dinner

Prof. Diána Bánáti

Dr Sophie Kergoat

Prof. Keith Wesnes

Dr Sandrine Thuret

Dr Sophie Layé

Dr Aniko Korosi

Prof. John Cryan

Dr Dragan Milenkovic

Prof. Vittorio Calabrese

Dr Esther Aarts

Prof. Ben Bahr

GOAL AND PURPOSES

The purpose of the workshop is to convene experts to discuss and debate **the potential for maintaining cognitive function via diet**. This workshop will specifically focus on:

- New avenues and challenges of cognitive ageing and nutrition;
- Functional aspects and strategies.

ORGANISING COMMITTEE

Dr David Vauzour – University of East Anglia – Chair

Dr Sophie Kergoat – Mars (Wrigley Inc.) – Co-Chair

Dr Jonathan Farrimond – Lucozade Ribena Suntory

Prof. Miia Kivipelto – Stockholm University

Dr Hasan Mohajeri – DSM

Dr John Sijben – Nutricia Research

Prof. Jeremy Spencer – University of Reading

Dr Sandrine Thuret – King's College London

Prof. Wim Vanden Berghe – University of Antwerp

Dr Stéphane Vidry – ILSI Europe

WHO SHOULD ATTEND?

The workshop is targeted towards experts and researchers studying ageing and neuroprotection. Stakeholders include experts from academia, food and ingredient companies, NGOs, and governmental and regulatory bodies who are concerned about increased costs of dementia and the 'greying' of Western world populations.

Session 3: Challenges in Investigating the Role of Nutrition On Cognitive Performance

Chair: Dr Sandrine Thuret; Co-Chair: Dr Jonathan Farrimond

09.00 Obesity, Diabetes and Cognition

Prof. Louise Dye

09.25 Inter-Individual Variability in Response to Treatment and Cognitive Decline Risk Factors

Prof. Wim Vanden Berghe

09.50 Identifying the Multidimensional Controllers of Ageing

Prof. Stuart Maudsley

10.15 Malnutrition in the Elderly and Cognitive Decline

Prof. Tommy Cederholm

10.40 Discussion

11.00 Coffee Break

Session 4: Multi-Component and Multi-Domain Interventions

Chair: Dr Hasan Mohajeri; Co-Chair: Dr David Vauzour

11.30 Multi-Component Interventions

Dr John Sijben

11.55 Finger Study and MIND-AD

Prof. Miia Kivipelto

12.20 MAP Trial

Prof. Bruno Vellas

12.45 Discussion

13.00 Lunch

Session 5: Relevance to Public Health

Chair: Dr Jonathan Farrimond; Co-Chair: Prof. Jeremy Spencer

14.00 Socio-Economic Impact of Healthy and Pathological Ageing

Mr Raphael Wittenberg

14.25 Health Claims

Dr Peter Willatts

14.50 EU Strategic Properties Around Health and Nutrition

Dr Martijntje Bakker

15.15 Discussion

15.30 Coffee Break

Session 6: Panel Discussion

Chair: Dr David Vauzour; Co-Chair: Dr Sophie Kergoat

15.50 Panel Discussion: Discussing Implementation and Identifying Knowledge Gaps and Future Directions

Dr David Vauzour & Dr Sophie Kergoat

16.50 Workshop Conclusions

17.00 Closure